

STEPHEN AMES ( -19)

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**STEPHEN AMES:** (In progress) because he's trying to play now professionally himself, so actually it was kind of nice actually. Different for me, going through each shot and what my thoughts were and stuff like that, and the things that we needed to work on and stuff like that. I think this week overall, I think the fact that I ended up winning as well, it kind of adds icing on the cake.

**Q. Tremendous to be able to have that opportunity with your son. Now a two-time winner this year, you're a serious contender for the Schwab Cup for the year. Is it going to change anything for the rest of the year?**

**STEPHEN AMES:** No, schedule's going to stay the same for me. I enjoy playing out here, it's a lot of fun, and if you're playing well, continue playing well. For me the schedule's not going to change as much, just relax a little bit more maybe.

**Q. You mentioned in your interview yesterday that you have found a way to be quiet and calm over the ball. Can you expound a little bit on what impact that had on your play this week?**

**STEPHEN AMES:** A lot. It's something I've been working with with my psychologist since 2004 and it's only now kind of rubbing in. I think overall it's just realizing how important the mindset is and how important the focus part of it is when I'm playing golf. I tend to be very technical in my golf swing and after -- in the last year and a half I've let that go quite a bit and funny enough, in letting that go, my swing has actually gotten better because I've gotten quieter mentally.

So I think overall the golf swing is good enough to win out here, obviously with the way I played this week was an example of it, but fact that I was extremely quiet and very calm playing the whole week was even more extraordinary for me.

